



Superhero 5K Run / Walk

Saturday, September 28, 2019

Sponsored by



USATF Certified
Course GA16016DJ

Be a hero to babies everywhere! Join us for the Superhero 5K! The running event benefits Stephens/Franklin County March of Dimes. Be sure to dress up as your favorite superhero or create your own! Fun for the whole family! Bounce houses, food, face painting and more!

Time:

8:00am Registration
9:00am 5K Begins

Location:

Boyd Field, Toccoa, GA
388 N. Pond St.
Toccoa, GA 30577
(Behind Toccoa Elementary)

Awards:

Overall Male Female
Masters Male Female
3-deep in 10-year age groups
Must be present to receive award

Entry Fee:

Registration Fee: \$25
(Must register prior to 9/13 to be guaranteed a t-shirt.)

Information:

Michele Lanier:
(706) 768-9803
michele.lanier@us.stores.mcd.com
Leon Womack: (706) 491-7110
leonw8251@gmail.com

Registration:

Online at active.com

By Mail: March of Dimes
c/o Michele Lanier
236 Russell Woods Drive
Mt. Airy, GA 30563

FREE 100 yard dash for kids 6 and under.
Please register. No shirt.

Rain or shine. No Refunds

REGISTRATION FORM:

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
 Male Female Birthdate: ___/___/___ Age: _____
Email: _____

Adult Shirt Size: AS AM AL XL 2X

Short sleeve t-shirt is guaranteed for pre-registered runners before Sept 13. Limited t-shirt sizes will be available the day of the event.

WAIVER AGREEMENT:

In consideration of this entry for MOD Superhero 5K. I hereby waive all claims for myself and my heirs against any race official or sponsor, for any injury or illness which may directly or indirectly result from my participation in these events. I further state that I am in proper physical condition to participate in this event. I hereby grant race officials and/or sponsors permission to use my photograph or other records of the event for any legitimate purpose.

Signature: _____
(parent or legal guardian if under 18)

Date: _____