

# 5K Run/Walk 1 Mile Fun Run



Reflections Hospice  
of Crisp Regional

Date: May 5, 2018

Location: Lake Blackshear  
Resort and Golf Club

## 5th Annual Sunshine 5K

Fun Run begins at 8:45am

5K begins at 9:00 am

- T-shirts for all runners registered by April 20, 2018
- 1st—3rd overall Men and Women

Directions: From I75 in Cordele go West on Hwy 280 heading towards Americus Veterans Park will be on your left coming from Cordele about 10 miles

### Entry fees:

- \$15.00 for Fun Run registration
- \$20.00 for pre-registered runners
- \$25.00 for runners after April 15th



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### Register at Active.com

<https://www.active.com/cordele-ga/running/distance-running/sunshine-5k-and-fun-run-2018>

### Return with payment to:

Reflections Hospice  
202 E. 4th Ave  
Cordele, GA 31015

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[www.georgiarunner.com](http://www.georgiarunner.com)

### Mail form and entry fee to:

Reflections Hospice  
202 E. 4th Ave  
Cordele, GA 31015

Circle One: Male/Female

Circle One: Fun Run/ 5K

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

T-shirt Size: S M L XL XXL

Sex \_\_\_\_\_ Age on race day \_\_\_\_\_

**Waiver: In consideration of my acceptance of this entry, my heirs and assigns, wavier any and all claims I may have against Reflections Hospice volunteers, staff, all sponsors, and the representatives for any and all injuries by me in the said event. I attest that I am physically fit and trained for the event.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_