



Mt. Zion Run for Fun 5K and 1 Mile



Saturday, May 20, 2016

8:30 A.M. – 5 km start 9:30 A.M. – 1 mile start **Walkers & Strollers Welcome**
Mt. Zion Gym (Across from City Hall) --- 4455 Mount Zion Rd., Carrollton, GA 30117

Proceeds benefit the Mount Zion Shop with a Cop Program.

Short-sleeve T-shirt, Chick-fil-A sandwich coupon to all registered in either event.

5 km Pre-registration \$20 through March 31; \$25 April 1st through April 30; \$30 May 1st through race morning.

1 Mile fees on same schedule as 5 km: \$15; \$20; \$25.

Race shirt not guaranteed after May 2.

Contact April Fordham at 770-832-1622 ext 1 or april@cityofmountzion.com for more information.

Sponsored by the City of Mount Zion, Mount Zion Police Department, Superior Mountain Water, and Chick-Fil-A.

Register online at www.itsyourrace.com/event.aspx?id=6036 or

Detach and send in with payment

Mount Zion Run for Fun Entry Form

WAIVER: In consideration of my entry & being allowed to participate in Mount Zion's Run for Fun, I agree, for myself or for a minor under the age of eighteen for whom I am signing, to release the City of Mount Zion and any individuals or organizations who assist or support these events from any liability for illness, injuries, or property damage I may suffer as a result of my preparation for or participation in this event. I understand and agree to assume all risks associated with my participation in this event. I certify that I am physically fit to participate in this race. I consent to being treated by licensed medical personnel if an emergency occurs at my expense. I give permission for the City of Mount Zion to use my name or photograph for publicity, fundraising, or any other reasonable use.

Children under 18 must have parental signature to participate.

I understand that all fees are non-refundable.

Signature of participant (or signature of parent or guardian if entrant is age 18 or under) _____ Date _____

Name: _____ Age (Race Day): _____ Male Female

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone Number: _____

Emergency Contact: _____ Phone Number: _____

Race (circle): 5K 1 mile T-shirt size: YS YM YL Adult: S M L XL XXL

Return completed form with entry fee to the City of Mount Zion City Hall or mail to:

City of Mount Zion, Run for Fun, PO Box 597, Mount Zion, GA 30150