

CRISP COUNTY – MT CARMEL INCLUSIVE BACKSIDE
CHURCH OF DIVERSITY, INC. (CC-MCIBCOD) MEMORIAL DAY
RUNNING CELEBRATION – MAY 28, 2018 – 8:00 AM
166 Allied Road – Arabi, GA. 31712



Here it is folks! A unique running event designed especially for racing points aficionados but also open to all from slowest strollers to World Class Marathoners. All four races to be run on rustic field roads featuring fresh cut grass. Courses accurately wheel measured and approved by ARAC. The events will be held on private property once part of the renowned Dock Wade Estate. Put on by bucolic bumpkins we welcome everyone even the most sophisticated urbanites.

Races: 8:00 AM – 5K (3.1 Mil.) 8:50 AM – 4K (2.5 Mil. +) 9:30 AM – 3K (1.86 Mil. +) 10:00 AM 2K (1.24 Mil. +) Contestants who complete these four races are eligible to run two additional value added 5Ks to be run on May 29th and 30th. Instructions on race day for the value added races.

WHO'S DOING THIS? The celebration is a project of CC-MCIBCOD incorporated 12/4/2015 by the Georgia Secretary of State. Control number 15117035 is renewed annually.

PURPOSE: To memorialize Americans who died in military confrontations from Bunker Hill until today. Also our church adheres to the sentiments of the late George Sheehan, M.D.: “Undoubtedly the waste of a mind is a terrible thing. The waste of a soul is worse. But it all begins with the waste of the body.” You might say we’re in the waste prevention business.

CONCERNED ABOUT ESCALATING REGISTRATION FEES? Try this on for size. There will be no entry fees. If a contestant wishes to make a tax deductible donation to CC-MCIBCOD she/he may do so. If a participant does not want to make a donation the person may still enter as many races as she/he chooses. Any profits from the race will be used to support church projects featuring service to children from birth to 111 years. After 111 years children are on their own. If no profits result from the celebration we celebrate the races as our first significant project.

VITAL NOTICE: Due to parking limitations each race will be limited to 50 participants on a first registered first entered basis. Should anyone register for a race which is filled we will attempt to notify the person as soon as the registration form is received. Send registrations to the address listed on the registration form.

AWARDS: T-shirts guaranteed on race day for all pre-registrations post marked by May 7, 2018. Shirts available on race day as supplies last with sizes not guaranteed. Participants not receiving a shirt on race day will receive a shirt by mail. ALL REGISTERED PARTICIPANTS WILL RECEIVE ONE SHIRT.

Traditional type awards for the 5K. Overall male and female- Masters male and female- Grand Masters male and female – Great Grand Masters

male and female. PLEASE NOTE: If a Great Grand Masters should record the best overall time that person will receive the Overall Award etc. Should anyone not understand “etc.” please ask us to explain it to you. No duplication or double dipping of awards. Three deep male and female in five year age groups from nine and under to 100 and over. Five K awards will be available for pick up after the 2K is finished if not before.

Four K through 2K finishers will receive appropriate points and probably medals. Probably means probably but not necessarily absolutely.

Despite having run over 1200 races and having timed and directed 100 or so races we do make mistakes. However, in the event of a conflict the decision of the race director will be final.

First place finishers in all categories guaranteed to set course records.



**RUN AND SEE GEORGIA GRAND PRIX RACES
4-H CLOVER GLOVE-BLACK BAG SERIES
FOR INFORMATION CONTACT AND/OR MAIL REGISTRATIONS TO:
Benny Wade – P. O. Box 334 Cordele, GA 31010
(229) 273-2981 – Email: bennybwade@gmail.com**

Participants completing all races in the celebration have the potential to earn up to 120 points in each series.

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Cut along dotted line. Please print clearly except where a signature is requested.

Last Name _____ First Name _____
Middle I. ___ Male ___ Female ___ Address _____
City _____ State _____ Zip _____ Phone _____
D.O.B. _____ Age on 05/28/18 _____ Shirt Size: Adult: S M L XL
Check Race/s Entered: 5 K _____ 4 K _____ 3 K _____ 2 K _____
Emergency Contact: _____
Email Address - Please include all characters in appropriate form: _____

Waiver: I hereby release the sponsors and officials of the 2018 CCMCIBCOD Memorial Day Running Celebration from all claims of injury or damages resulting from participating in this event. I realize this is a strenuous event, which requires proper physical conditioning. I hereby certify that I am in proper physical condition to participate. Signed: _____ Date: _____
Guardian if under 18: _____

**“Running is basically an absurd pastime on which to be exhausting oneself.....
But if you can find meaning in it, you can find meaning in another absurd pastime:
LIFE.”**

(Bill Bowerman – University of Oregon)

Note: Original flyer/registration form printed on legal size paper.