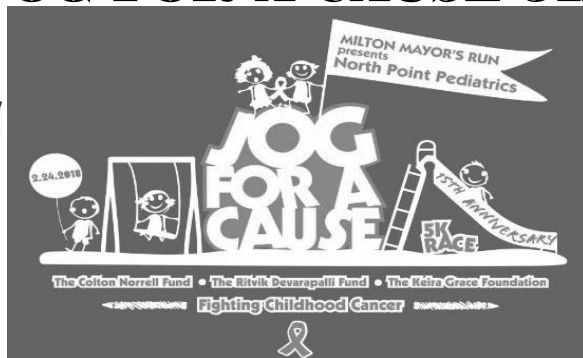


SATURDAY , FEBRUARY 24th 2018

# MILTON MAYOR'S RUN



## JOG FOR A CAUSE 5K



SATURDAY, FEBRUARY 24TH 2018



A flat, fast Peachtree Road Race qualifier with a fabulous T-shirt benefitting  
 The Lyric Welch Fund, The Colton Norrell Fund and The Keira Grace Foundation



You Receive: A quality, soft blend tech t-shirt, a great running experience, & plenty of food & fluids after the race.

Cost: 5k -\$25 if received by Feb. 12th, \$30 after Feb 12th. Teams: Sign up 10 and get 1 free entry! All entries must be submitted together. Awards: 5k - Awards will be given to the Male & Female Open Masters winners. Awards also to the top 3 finishers in the following age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over to all.

Route: Extends along Deerfield Parkway between Morris Road and Highway 9.  
 START/END & REGISTRATION: Race & registration will be at Freedom Park located at the center of Deerfield Parkway and Webb Road at 13200 Deerfield Parkway Milton, GA 30004. EARLY pick up: Friday 2/23 at the Big Peach Running Co. 5530 Windward Pkwy #400 Alpharetta GA 30004.

RACE DAY packet pick up starts at 6:45am. RACE STARTS at 7:30am.

PARKING: Deerfield Professional Centre and overflow parking available in Deerfield Place Shopping center.

Five Ways To Register: (1) Online at [www.jogforacause5k.com](http://www.jogforacause5k.com) , click on the registration link on the home page. (2) Mail: Make checks payable to "Alpharetta Optimist Club" and mail along with completed entry form to Milton Mayor's Run/Jog for a Cause c/o Pacesetters P.R., P.O. Box 81777 Atlanta GA 30366. (3) Online at [www.itsyourrace.com](http://www.itsyourrace.com) (4) Pre-register at the Big Peach Running Co. 5530 Windward Pkwy #400 Alpharetta GA 30004. (5) Day of Race: Check Or Cash ONLY.

Questions: Go to [www.jogforacause5k.com](http://www.jogforacause5k.com), [www.cityofmiltonga.us](http://www.cityofmiltonga.us), contact Ginger McGee at (706) 974-7411 or Courtney Spriggs at [courtney.springgs@cityofmiltonga.us](mailto:courtney.springgs@cityofmiltonga.us) or (678) 242-2533

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M/F: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 \*Team Name (if applicable): \_\_\_\_\_  
 T - Shirt (circle size): YM S M L XL XXL Phantom Runner: \_\_\_\_\_ (I want a shirt, but don't make me sweat!)  
 Registration Fee: \$ \_\_\_\_\_ + Additional donation to JFAC \$ \_\_\_\_\_ = Total \$ \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road and/or trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the City of Milton, Jog for a Cause, and all sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I have read the liability waiver and understand the inherent risks with this activity.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent Signature (if under 18 yrs. Old) \_\_\_\_\_ Date \_\_\_\_\_