



When: April 22, 2017
 5K 9:00 A.M.
 Munchkin Run 10:00 A.M.
 (FREE for those under 5)

Where: Tribble Mill Park
 2125 Tribble Mill Pkwy SE
 Lawrenceville, GA 30045

HOI is a Christ-centered missions organization working alongside people of Honduras and Nicaragua who desire to implement sustainable development partnerships. HOI's vision is to create life-changing relationships between the people of developing countries and North Americans, while promoting community directed and integrated spiritual, physical, educational and economic development of men, women and children in the developing world through the promotion of dignity, mutual cooperation and self-sufficiency.

This is the second annual 5K raising money and awareness to HOI's medical and dental mission. The 5K course is a beautiful run that will take you through trails, over bridges, and around a lake. This years the race will be chip timed. There will be post-race snacks and a DJ. This is an event you do not want to miss!

Cost:

- \$30 until April 8, 2017
- \$35 between April 8-April 21
- \$40 for race day registration
- Online registration available at www.hoi.org/HOI5k

ITS YOUR RACE

Complete entry form below, detach and mail to: HOI, 1990 Lakeside Pkwy #140, Tucker, GA 30084
 Checks payable to: HOI 5K. More information: Kristin Oja, kristin.oja3@gmail.com.

FIRST NAME _____ LAST NAME _____ AGE _____

(CIRCLE ONE) MALE FEMALE

ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ PHONE # _____

SHIRT SIZE (CIRCLE ONE) S M L XL EMAIL _____

In consideration of acceptance of this entry I waive any and all claims for myself, and/or my heirs for any injuries I may incur as a result of my participation in the Gold Rush Festival Road Race, thereby releasing all sponsors and volunteers associated with this event from liability. I understand that road racing is a strenuous sport and I further state that I am in proper physical condition for this event.

 RUNNER'S SIGNATURE (Parent or guardian if runner under 18 years of age) Date _____