

40th annual Rose City Run

Saturday, April 29, 2017

10,000 METER RACE

- Performance T-shirts and specially designed die cast medals awarded to those who finish the course.
- 12 age divisions for males and females
- Silver trophies for first three males and first three females in each age division.
- Race day late registration 6:30-7:30 a.m. at Big Oak
- Race starts at 8:00 a.m. on Broad Street at post office
- Entry fee is \$20.00 postmarked by April 15, 2017. \$23.00 late entry fee. No refund.
- Splits will be called every mile.
- Fluids available before, during and after the race.
- All courses TAC certified.
- Run & See Georgia Grand Prix Event.
- Picnic for 10K runners.

1-MILE RUN

- One-mile run is for males and females 12 and under. Cost is \$12 early entry fee and \$15 after April 15. No race-day registration. No refund.
- Trophies will be awarded to the first three males and three females in each three age divisions.
- Age divisions 6 & under, 7-9 and 10-12.
- Race starts at 9:30 a.m. on Broad Street at post office
- Performance T-shirts and specially designed medals awarded to participants who complete the course.



10,000 METER RUN

(Please Circle Which Race)

1-MILE RUN

NAME: _____
(first) (last)

MAILING ADDRESS: _____
(street or box)

(city) (county) (state) (zip)

PHONE: _____

PICNIC YES NO

PUBLIC OFFICIAL YES NO

AGE (As of 04/29/17): _____ BIRTHDATE: _____ SEX: _____

SCHOOL, EMPLOYER _____ USATF member YES NO

AND CLUB AFFILIATION: _____

E-mail address: _____

CIRCLE ONE: T-SHIRT SIZE: Adult S M L XL
XXL (\$2 extra) XXXL (\$3 extra)

Note: Performance T-shirts are slightly looser per size compared to 100% cotton

CHILD: S (6-8) M (10-12) L (14-16)

ENCLOSED IS \$ _____ FOR MY ENTRY (Make check payable to Rose City Run)

****YOUR COMPETITOR NUMBER WILL BE SENT TO THE ABOVE ADDRESS****

For and in consideration of my being allowed to participate in the Rose City Run (hereinafter "the event") on behalf of myself, my heirs, personal representatives and assigns, I hereby assume all risks and waive all claims for injury or illness which may result, directly, or indirectly, from my participation in the event and agree to indemnify and hold harmless the City of Thomasville, the Thomasville YMCA, sponsors, organizers and their respective employees, elected officials, appointed officials and any other person or entity associated with the event of and from all actions and claims, including attorney's fees, which may be incurred by reason of my participation in the event. I understand that anyone entering the event who is not adequately trained is taking a definite risk of suffering physical ailments. I do hereby state that I have trained properly and that I am physically prepared to participate in the event, and I expressly assume the risk of any illness or injury which may result from my participation in the event.

I authorize the use of any photograph, moving picture, or any other graphic depiction made immediately before, during or after my participation in the event by the organizers or others, and I expressly waive any claim or privilege or privacy, or right to compensation for the publication of any such photograph, film or other graphic depiction.

Signature of entrant, or of parent or legal guardian if under 18 years of age.

MAIL ENTRY FORMS TO:

ROSE CITY RUN

May register online at active.com

P.O. Box 1037

(229) 226-9878

Thomasville, Georgia 31799

e-mail: rcr@ymca-thomasville.org